



Woburn High & Middle School Lunch Menu

March 2020

2
Popcorn Chicken Bowl
 Seasoned Corn
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

3
BBQ Pork Rib Sandwich
 Garbanzo Beans
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

4
French Toast w/Chicken Sausage
 Oven Baked Puffs
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

5
Warm WG Pretzel Roll W/Cheese Sauce
 Seasoned Corn
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

6
Cheese Ravioli W/Marinara Sauce
 Garden Salad
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

9
Chicken Waffle Sandwich
 Steamed Corn
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

10
Bacon Cheeseburger
 Oven Baked Fries
 Garbanzo Beans
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

11
French Toast w/Chicken Sausage
 Oven Baked Puffs
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

12
Turkey Dinner W/Mashed Potato
 Seasoned Corn
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

13
Penne, Chicken Alfredo & Broccoli
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

16
Hot Dog
 Curly Fries
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

17
Grilled Cheese W/Chicken Noodle Soup
 Garbanzo Beans
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

18
French Toast w/Chicken Sausage
 Oven Baked Puffs
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

19
Sweet & Sour Chicken W/Rice
 Steamed Broccoli
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

20
Meatball Sub W/Melted Mozzarella
 Garbanzo Beans
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

23
Steak & Cheese Sub
 Steamed Broccoli
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

24
4 OZ. All White Meat Chicken Breast BLT Sandwich
 Garbanzo Beans
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup

25
French Toast w/Chicken Sausage
 Oven Baked Puffs
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

26
Buffalo or Plain Chicken Tenders
 Curly Fries
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Mil

27
Chicken Parmesan W/Pasta
 Garden Salad
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

30
Waffle w/Chicken Sausage
 Oven Baked Puffs
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

31
Cheese Ravioli W/Marinara Sauce
 Garden Salad
 Celery/Carrot Sticks
 Apples/Oranges
 Mixed Fruit Cup
 Ice Cold Milk

Daily Options..... Deli Bar, Pizza Bar, Nacho Bar, Chipotle Bar, Chicken Patty Sandwich, Spicy Chicken Patty, Cheeseburger, Hamburger, Pizza Sticks w/Marinara, Chicken Nuggets, Protein Packs, Asst. Salads

All Meals served w/fruit, vegetable and milk
 Paid Lunch – HS =\$3.00 MS=\$2.75