



# Woburn Elementary Lunch Menu January 2019

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| <p>Going Crazy in the morning looking for Lunch \$\$\$<br/>Stop, pay online at <a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a></p>  | <p><b>1</b><br/><u>Happy New Year</u></p>   | <p><b>2</b><br/><u>Sweet &amp; Sour Chicken Over WG Rice</u><br/>Steamed Broccoli<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>                            | <p><b>3</b><br/><u>Juicy Hamburger or Cheesburger WG Bun</u><br/>Oven Baked Sweet Potato Fries<br/>Garbanzo Beans<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>            | <p><b>4</b><br/><u>Freshly Baked Cheese or Pepperoni Pizza</u><br/>Sweet Peas<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>  |
| <p><b>7</b><br/><u>WG Warm Pretzel Roll W/Cheese Sauce</u><br/>Steamed Broccoli<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>  | <p><b>8</b><br/><u>Crispy Nachos w/Ground Beef, Cheese &amp; Salsa</u><br/>Black Beans<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>          | <p><b>9</b><br/><u>Cheese Ravioli W/Marinara Sauce</u><br/>Garden Salad<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>                                      | <p><b>10</b><br/><u>Grilled Cheese W/Chicken Noodle Soup</u><br/>Cherry Tomatoes<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>   | <p><b>11</b><br/><u>Freshly Baked Cheese or Pepperoni Pizza</u><br/>Sweet Peas<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p> |
| <p><b>14</b><br/><u>Cheesy Breadsticks w/Marinara Sauce</u><br/>Garbanzo Beans<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>   | <p><b>15</b><br/><u>Grilled Chicken Caesar Salad</u><br/>Bag of WG Goldfish<br/>Cherry Tomatoes<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p> | <p><b>16</b><br/><u>Waffles w/Chicken Sausage Patty</u><br/>Hash Brown Patty<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>                                 | <p><b>17</b><br/><u>Roasted Turkey Dinner W/Mash Potato &amp; Gravy</u><br/>Steamed Broccoli<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>                                 | <p><b>18</b><br/><u>Freshly Baked Cheese or Pepperoni Pizza</u><br/>Sweet Peas<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p> |
| <p><b>21</b><br/><u>Martin Luther King Day</u></p>   | <p><b>22</b><br/><u>All White BBQ Chicken W/Creamy Mash Potato</u><br/>Steamed Broccoli<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>         | <p><b>23</b><br/><u>Juicy Hamburger or Cheesburger WG Bun</u><br/>Oven Baked French Fries<br/>Garbanzo Beans<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p> | <p><b>24</b><br/><u>Garden Salad Topped W/Oven Roasted Turkey &amp; Cheese Roll-Up</u><br/>Bag of Goldfish<br/>Cherry Tomato<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p> | <p><b>25</b><br/><u>Freshly Baked Cheese or Pepperoni Pizza</u><br/>Sweet Peas<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p> |
| <p><b>28</b><br/><u>WG French Toast w/Chicken Sausage Patty</u><br/>Hash Brown Patty<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>   | <p><b>29</b><br/><u>Cheesy Breadsticks w/Marinara Sauce</u><br/>Green Beans<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>                     | <p><b>30</b><br/><u>Crispy Nachos w/Ground Beef, Cheese &amp; Salsa</u><br/>Black Beans<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>                      | <p><b>31</b><br/><u>BBQ Pork Riblet</u><br/>Creamy Mash Potato<br/>Steamed Broccoli<br/>Celery/Carrot Sticks<br/>Fresh Apples &amp; Oranges<br/>Assorted cupped Fruit<br/>Ice Cold Milk</p>  | <p>Start Your Day off Right!<br/><b>Breakfast Available at:</b><br/>High School<br/>Middle Schools<br/>Malcom White<br/>Shamrock<br/>Linscott-Rumpford<br/>Altavesta<br/>Goodyear</p>  |

## Daily Alternatives

- Chicken Nuggets
- Tony's Individual Pizza
- Sun Butter & Jelly Sandwich
- \*\*NEW-Muffin Sack
- Grilled Cheese
- Turkey Hot Dog

WG Chocolate Chip Muffin, yogurt, string cheese, fruit & Vegetable

## HARVEST OF THE MONTH-Carrots

We support local farms by purchasing locally as seasons permit.  
**Featured this month**-Apples, Pears, Melon, Cherry Tomatoes, Cucumbers, Carrot Sticks and Zucchini  
Paid Lunch - \$2.50 Reduced-\$4.00

All lunches served with milk, vegetable, fruit and bread